Issue 02

Rotary One

The Voice of Unity from Zone 4



Rtn K Palaksha **District Governor RI Dist 3182**



Rtn Amit Aravind **Assistant Governor** Zone IV, RID 3182



Rtn Dr Srikanth Prabhu **Zonal Secretary**



Rtn Dr D Sridhar **Zonal Lieutenant**

Rtn Janardhan

Rtn Dr Ganesha A Zonal Learning

Facilitator

Zonal Lieutenant



Rtn Smitha **Zonal Lieutenant**



Hegde Zonal Editor

Message from the Assistant Governor - Zone 4

August was a month full of energy, learning, and impact across our zone 4 and our District 3182. From record participation of 950 members at a Membership Development & Awards, RYLA by Manipal , Empower U Teacher Training by Rotary Udupi, Walkathon by Manipal town, Career Guidance pilot by Rotary Udupi, to the Roots & Rotaract Assembly by Rotaract Manipal central – each event reflected our collective commitment to service and growth.

At the **Zonal level**, we successfully held the 1st Review Meeting hosted by Rotary Manipal at Cybersecurity centre of Rtn Srikanth Prabhu and the Zonal Membership Development Seminar hosted by Rotary Parkala . I am proud to share that Zone 4 won two prestigious awards - for the Best Public Image & Membership Zonal Seminar and for Inducting New Rotaract & Interact Clubs. Heartiest congratulations to all clubs for this achievement and this award to all the efforts and participation of each one of vou.



Special congratulations to Rotary Udupi, Parkala, Manipal Town, and Manipal for inducting the maximum members and winning the awards in the District membership seminar. Let us continue this momentum.

September being Basic Education & Literacy Month, I encourage all clubs to take up impactful projects in this area and keep the Rotary spirit shining.

A heartfelt thank you to our Zonal Editor Rtn. Prashanth Hegde for the wonderful and timely release of the Rotary One magazine. Your dedication keeps us connected and inspired.

Together, let's continue to Create Hope in the World! And Unite for the Good. Keep serving and enjoying rotary

— Rtn. Amit Aravind Assistant Governor, Zone 4





Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be **BENEFICIAL** to all concerned?

District Seminar on Membership Development, Public Image & Award Night















EmpowerU 2025 - Teachers Empowerment Programme





EmpowerU 2025 Teachers Empowerment Programme under District Project (Education) held on 30th August 2025 at Nutana Ravindra Mantapa, MGM College Campus, Udupi from 8.30 AM to 4.00 PM. Rotary Udupi hosted this Programme.

Caroor Quost - Career Guidance







Distinguished Professionals
Sri Prabhakar Mithyantha, Trainer, DIET, Udupi

Rtn Amith Aravind, BE, M. Tech, Builder

Rtn Dr Kalya Suresh Shenoy, AMCARE Centre, Indrali

CA Raviprasad, Chartered Accountant, Udupi

Rtn Renu Jayaram, Social Entrepreneur, Manipal

Sri Abhinav Grover, Theatre Artist, Manipal

Sri K Vinayak Kini, Head Master, Indrali EMHS



Career Guidance for 8th to 10th Std students, one of the District Projects for the RY 2025 26, was launched in the Indrali English Medium School, Udupi, with this pilot programme, hosted by RC Udupi on 8th Aug 2025.

A medical doctor, a CA, a theatre artist, a Civil Engr, an woman entrepreneur and a school Teacher explained their own real life stories as to how and why, they chose these particular fields, after passing out from schools. They also explained the scope and challenges, privileges of their chosen field in the current day and in the foreseeable future.

275 High School students participated and benefitted.

Walkathon for Organ and Skin Donation Awareness



A walkathon was organized in Manipal with the objective of creating awareness among the public about organ donation, skin donation, and HPV vaccination. The event was organized by Rotary International District 3182, Rotary Club Manipal Town and KMC Hospital, Manipal.

The event was inaugurated at the KMC campus by District Governor Rtn Palaksha. The program was presided over by President of Rotary Club Manipal Town Rtn Dr Deepak Ram Bairy. DGE Rtn BM Bhat, District Public Image Coordinator Dr Sowmya Mani, Assistant Governor Rtn Amit Aravind, Dr Joseph Thomas - Head of the KMC Dermatology Department, Secretary of RC Manipal Town Rtn Mohan Nayak and other dignitaries graced the occasion.

More than 250 people participated in the walkathon, which started from MIT, passed through Tiger Circle and Syndicate Circle, and concluded at the KMC campus.







ROOTS & District Rotaract Assembly







ROOTS 2025 & District Rotaract Assembly was hosted by Rotaract Manipal Central (Sponsored by Rotary Club Manipal) on 10th August 2025 at TMA Pai Hall, KMC Manipal under the leadership of ROOTS Chairman, Rtn. Rtr. Mahalasa Kini. DG Rtn. Palaksha was the Chief Guest. AG Rtn. Amit Aravind & President Rtn. Shashikala Rajavarma were the Guests of Honor. Informative Sessions on Team Building, Project Planning & Execution were some of the sessions that were held.

RYLA - 2025





Rotary Club of Manipal successfully hosted the District event, **Rotary Youth Leadership Awards** (**RYLA**) on 9th August 2025 at Nutan Ravindra Mantapa, Udupi. The program witnessed enthusiastic participation of Rotaractors, college students, and Rotarians, with a total of 382 participants, making it a memorable and grand event. DG Rtn. Palaksha inaugurated the event. RPIC Rtn. Abhinandan Shetty was the keynote speaker. Three interesting sessions were conducted by Soujanya Hegde, Rtn. Subhash Bangera and Rtn. Venu. Rtn.Jaivittal was the event Chairman. Remaining amount of Rs. 12660/- contributed to TRF

Zonal Events

Zonal Membership Development and Public Image Seminar









AROHANA – Zonal Seminar on Membership Development & Public Image

Rotary Club of Parkala successfully hosted AROHANA, the Zone IV Zonal Seminar on Membership Development & Public Image, on Saturday, 23rd August 2025 at Suraksha Sabha Bhavan, Parkala.

The seminar was inaugurated by Rtn Allen Vinay Lewis, Past Assistant Governor & District Chairman – RCC, and presided over by Rtn Haji K Aboobacker, President, RC Parkala. Rtn Amit Aravind, Assistant Governor, Zone IV, RID 3182, graced the occasion as Chief Guest, while the

keynote address was delivered by Dr. P V Bhandary, Director & Psychiatrist, A.V. Baliga Memorial Hospital.

Panel discussions featured insights from Rtn Prasanna KB (District Chairman – Membership Development), Rtn Nagaraj Shetty (Zonal Coordinator – Membership Development), Rtn Renu Jayaram (Zonal Coordinator – Women Membership Development), and Rtn Ramamoorthy P (Zonal Coordinator – Public Image).

The event was further honored by the presence of distinguished zonal leaders, including Rtn Dr A Ganesh, Rtn Janardhan Bhat, Rtn Smitha Kamath, Rtn Dr Sreedhar D, and Rtn Prashanth Hegde.

The seminar witnessed active participation from Rotarians across Zone IV, fostering collaboration, knowledge-sharing, and renewed commitment towards strengthening Rotary's membership and enhancing its public image

Zonal Events

First Zonal Review Meeting









Rotary Club Manipal hosted the 1st Zonal Review Meeting at the MIT Skill Development Centre – Cybersecurity. The meeting was conducted by AG Rtn Amit Aravind, with all clubs presenting the projects they carried out in the month of July. The Zonal Core Team was also part of the meeting. Additionally, an IT training session was conducted by Rtn Prashanth Hegde.









🎉 Surprise Winners of July 2025 🎉

Rotary Club of Manipal – For executing vast projects, reviving the Interact Club of Malpe, and organizing a joint meeting.

Rotary Club of Manipal Town – For adding 5 new members, forming a new Interact Club, and hosting a joint meeting.

Rotary Club of Manipal Hills – For being the first to upload the Monthly Report online.

Rotary Club of Parkala For having the first Inter-Zonal Joint meet.

Congratulations once again to all!

District Awards 2024-25

💐 Congratulations to RC Manipal on being awarded 2nd Best Club in the Large Club category under All Avenues of Service 💐



District Cha

RC Aisiri Parkala



Donated 12 portable BP kits to the ASHA workers of the Primary Health Center Hirebettu

In collaboration with RCC Aisiri Parkala & other organizations conducted a massive cleanliness drive in the vicinity of 80 Badagubettu





New member orientation program was conducted by Rotary Aisiri Parkala on 19th August 2025 with Rtn Smitha G Kamath as resource person. 15 new members participated in the program

RC Katpady



Celebrated Independence day on 15th August 2025





Appreciation to Vidushi Deeksha for her incredible achievement by Rotary club president katapady Asha Anchan and RCC Moodabettu President jayanthi indushekar and RCC members

RC Manipal



Rotary Club Manipal celebrated its 68th Charter Day by honouring all the past Presidents who could be contacted and they were invited to attend and share their experiences in Rotary



Talk by Dr Rajalakshmi, past president IMA Udupi on 'Health and hygiene in teen age' and 'Cancer Awareness- HPV vaccination' addressing the students of Govt. Girls P U College Udupi. The program reached and benefited around 600 students.

On the occasion of World Photography Day, the renowned photographer Mr. Astro Mohan was honoured and congratulated on being nominated as the Honorary fellow of ICS. Photography competition for Rotarians and Anns.





A garden of Medicinal Plants was developed with help of Rotaractors of Muniyal College of Ayurveda and SDM college of Ayurveda - as an Interact club project, sponsored by RC Manipal

RC Manipal



Celebration of Independence Day: Flag hoisting, Cultural programmes and distribution of prizes & certificates to the participants of Essay Competitions, and honoured Retd Col. FEA Rodrigues

Distributed Waste-bins to the classrooms of High School, Patla. Students were addressed and a talk on 'Cleanliness and environment protection' was given. Trees were planted in the school premises



RC Manipal Hills



Distributed Uniform for 25 students of Nagara 8th standard of Rajeev High School Composite costing Rs.12.000/- The chief guest was DGE Rtn. MPHF B. M. Bhat. Also, distributed books 10th English grammar to standard students

At Rajeev Nagara Composite High School, Smt. Vimala Bairy, Senior Health Officer, gave awareness speech on diseases like Dengue, Malaria and Rat fever. She explained with demo vividly to the high school students of this school



RC Manipal Hills



Celebration of Independence Day: On August 15th the National Flag was hoisted at the Rotary Shatabdhi Vedike, Mannapalla. The event began with the Club President Rtn. Suresh Rai, hoisting the flag, Rtn. Narayana Bhat, PP delivered a thought-provoking speech on nationalism



Kannada book was released "60 ra Nanthara Arali Marali"



Joint meeting with Rotary Club Udupi was held on 20th August 2025 at Mahishamardhini Scout Hall, Kadiyali. *An Orientation Seminar titled "Empowering Rotarians" was organised as a part of the Joint Meeting.*



Flag exchange with Rotary Club Hassan

RC Manipal Town



Director of Community Service, Rtn Hilda Carnelio, donated sports jerseys worth ₹17,000 to St. Joseph Primary School, Kallianpur. Her generosity reflects true commitment to community service.

Collaboration with **RCC** ln Bellarpady, a community welfare initiative was organized to raise awareness about maternal child health among local residents. Resource person, Smt. Nilavati A., delivered an informative session on and child healthcare. maternal engaging around 20 local women. Rtn. Dr. Shridhar was the Chief Guest.





Rotarians of RC Manipal Town along with IFMR subchapter Udupi had an bide ride about 80 km as breakfast ride with the passion of promoting organ and skin donation. route-Manipal-Santeakkate-Bhramavar-Bark ur-Hebri-Perdoor-Hiriyadka-Atradi-Manipal

Health Assessment Program for **Drivers** at Anandathirtha Vidvalava was conducted Rotary Club of Manipal Town and Interact Club of Anandathirtha Vidyalaya, Pajaka, in association other organizations. The with graced Mr. program was by Sudharshan Rao as the Chief



Guest. A total of 101 individuals benefited from the initiative. Participants were screened for blood pressure and blood sugar levels. In addition, 43 individuals underwent ECG tests, while 52 individuals received eye examinations. The initiative emphasized the importance of regular health check-ups, particularly for drivers, and was well-received by all beneficiaries.

RC Parkala





As part of RID 3182's **Road Safety** project, Rotary Parkala organized a Road Traffic Safety Precaution Display Board installation and awareness event on Sunday, 10th August 2025, at the Main Road of Parkala, NH 77. The program was inaugurated by Rtn. Palaksha K, District Governor, RID 3182, who also delivered a valuable talk on road safety and traffic rules, emphasizing the importance of civic responsibility and caution on the roads.



As part of RID 3182's "Education" project, Rotary Parkala arranged Gas stove handover ceremony for B.M. Anganwadi School, Parkala held on 10th August 2025 at the BM School Anganwadi Parkala

As part of RID 3182's "Education" project Rotary Parkala arranged a programme on 14th August 2025 at Government Composite School Shettibettu towards the hands over loudspeakers/audio systems to its new building.





Organized Independence Day Celebration programme at the Parkala High School Auditorium. Various cultural, speech, Patriotic Song Competitions were conducted for the school children



Installation ceremony of Interact Club of Karnataka Public School, Hiriadka PUC and High School Division held on at the Auditorium of Public School Hiriadka.

RC Udupi



Joint meeting with Rotary Club Manipal Hills was held on 20th August 2025 at Mahishamardhini Scout Hall, Kadiyali. *An Orientation Seminar titled "Empowering Rotarians" was organised as a part of the Joint Meeting.*



Celebrated Independence day at Srikrishna Balaniketana orphanage



Conducted Health camp along with Geleyraa Balaga Padubelle





Celebrated Anns Day and Aatidonji Dina on 06 August 2025

RC Udupi Udyavara

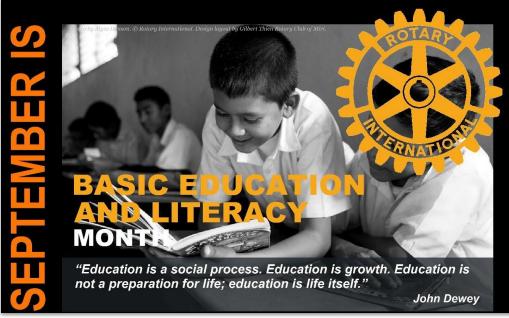




World Senior Citizens Day was celebrated with a one-day program at "Hiriya Nagarikara Kanasina Mane," Udyavara, featuring full-day meals, yoga sessions, entertainment, and health check-ups

Membership Growth - Zone IV				
Rotary Club	Members as on 30th June 2025	Members as on 11th September 2025	Growth since 01 July 2025	% of Female Rotarians
Aisiri Parkala	26	28	+2	14.29
Katpady	26	26	0	15.38
Manipal	69	75	+6 (4 Female Rtns)	45.33
Manipal Hills	29	29	0	31
Manipal Town	39	44	+5 (1 Female Rtn)	15.91
Parkala	30	35	+5 (2 Female Rtns)	17.14
Udupi	62	69	+7 (2 Female Rtns)	29
Udupi Udyavara	14	14	0	0





Upcoming Events

DG's official Club Visits:

- 1. Rotary Club Udupi Udyavara 9th October 2025
- 2. Rotary Club Manipal Town 25th October 2025